NUHS@HOME
National University Health System

NUHS@Home Care Card

Your medical care team, and symptoms you should look out for at home, at a glance.

Your NUHS@Home medical care team

- **Doctor** - daily video consultations or home visits, where necessary.
- **Nurse** - home visits for procedures, treatment, and care support.
- **Allied Health** - physio and/or occupational therapy visits, reviews with pharmacists, nutrition support, if part of your care plan.

Call 995 immediately if you experience:

- Severe shortness of breath or gasping
- Choking
- Uncontrolled bleeding
- Sudden weakness or numbness
- Loss of consciousness
- Seizure
- Severe chest or abdominal pain
- Oxygen levels below 90%

Call the NUHS@Home hotline (8939 5794) immediately if you experience:

- Significant changes in blood pressure or heart rate
- Falls

You may also contact us via the WhatsApp group.